



## **Garage Door Safety Month: Promoting Safe Practices with CMH Industrial Systems**



Every year, May marks Garage Door Safety Month, a time dedicated to raising awareness about the importance of garage door safety and encouraging individuals to adopt safe practices. As a leading provider of industrial systems, CMH Industrial Systems recognizes the significance of garage door safety and aims to promote a culture of safety among its customers and the wider community. We encourage you to look further into Garage Door Safety month to become more aware of safety tactics you can implement into your daily life.

### **Facts About Garage Doors**

- Garage doors can weigh up to several hundred pounds, making them one of the largest and heaviest moving objects in a home or company.
- A standard single garage door can weigh anywhere from 130 to 350 pounds, while a double garage door can weigh up to 700 pounds or more.
- It is considered one of the top home/company improvement projects in terms of return on investment.
- Modern garage doors are equipped with safety features such as photoelectric sensors and auto-reverse mechanisms to prevent accidents.

### **History of Garage Door Safety Month**

Garage Door Safety Month was established by the International Door Association (IDA) in collaboration with the Door & Access Systems Manufacturers Association (DASMA) to promote garage door safety awareness. The initiative began in the early 1990s and has since grown into a widely recognized campaign supported by industry professionals, manufacturers, and safety organizations.

## **CMH Industrial Systems' Commitment to Safety**

At CMH Industrial Systems, safety is a top priority. We understand the importance of maintaining garage doors in optimal condition to ensure the safety of both individuals and property. As part of our commitment to safety, we encourage our customers to adopt the following safety habits:

- 1. Regular Inspections:** Conduct regular inspections of your garage door, including springs, cables, rollers, and tracks. Look for signs of wear and tear, and ensure that all components are functioning properly.
- 2. Proper Maintenance:** Schedule regular maintenance checks with a qualified technician to keep your garage door in optimal condition. Lubricate moving parts and replace any worn-out components promptly.
- 3. Safety Features:** Ensure that your garage door is equipped with modern safety features, such as photoelectric sensors and auto-reverse mechanisms. Test these features regularly to ensure they are working correctly.
- 4. Educational Resources:** Take advantage of educational resources provided by CMH Industrial Systems and other safety organizations to learn more about garage door safety and best practices.
- 5. Emergency Preparedness:** In the event of a garage door emergency, know how to safely disengage the door and seek professional help if needed.

Remember to **Look, Listen, Learn, & Remember** during the month of May.

- **Look...** at the garage door, springs, cables and rollers for wear and tear.
- **Listen...** for grinding or scraping sounds.
- **Learn...** Keep fingers and hands away from door sections and moving doors and out of reach of children.
- **Remember...** if you have any concerns regarding your garage door, contact a trained garage door professional.

## **Contact CMH Industrial Systems for a Garage Door Inspection!**

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